

**LONDON BOROUGH OF ENFIELD SWIMMING ASSOCIATION**  
(Affiliated to ASA London Region)

**200/400 COMPETITION 2012**

**(Under ASA Laws and FINA Technical Rules of Swimming)\_**

Licensed by the ASA at Level 4 reference 4LR2032

**CONDITIONS**

1. The competition will be open to eligible members of clubs affiliated to the Association.
2. Events for boys and girls will be 200 metres backstroke, breaststroke, butterfly and freestyle and 400 metres I.M. and Freestyle for ages 10 to 16 & over.
3. Age groups will be 9, 10, 11, 12, 13, 14, 15 and 16 & over in the year of competition. Age will be as at 8<sup>th</sup> January 2012.
4. All events will be decided on a H.D.W. basis. Heats will be swum for all age groups combined and will be seeded according to submitted entry times or, in the absence thereof, alphabetically preceding those competitors for whom entry times are available. The results will be separated for age groups.
5. Awards will be made to up to the fastest three placed swimmers in each age group subject to judge's placing and can be collected from the table after individual results have been announced.
6. Entry fees will be £1.00p per event
7. Entries to the competitions will be made by the clubs (not individuals) and must be in the hands of the Championship Secretary by **18th December 2011**. Late entries will not be accepted.
8. Clubs will receive acceptances for all entries and competitors must sign in upon arrival at the pool. In the event of late arrival at the pool the ASA guidelines governing secondary posting will apply.
9. The Association will determine any matter not provided for by these conditions. In the event of any protest video evidence will not be admissible.

**LONDON BOROUGH OF ENFIELD SWIMMING ASSOCIATION**  
(Affiliated to ASA London Region)

**200/400 COMPETITION 2012**

Licensed by the ASA at Level 4 reference 4LR2032.

**PROGRAMME**

**SOUTHBURY LEISURE CENTRE**

**SATURDAY 7<sup>TH</sup> JANUARY 2012 – W/U 5.15 p.m. START 6.00 p.m.**

<b>Event No.</b>	<b>Ages</b>	<b>Event</b>	<b>Distance</b>
1.	9 to 16&O	Girls Butterfly	200m
2.	9 to 16&O	Boys Backstroke	200m
3	10 to 16&O	Girls Freestyle	400m
4	9 to 16&O	Boys Butterfly	200m
5	9 to 16&O	Girls Backstroke	200m
6	10 to 16&O	Boys Freestyle	400m

**SUNDAY 8<sup>th</sup> JANUARY 2012 – W/U 5.15 P.M. START 6.00 P.M.**

7	9 to 16&O	Girls Freestyle	200m
8	9 to 16&O	Boys Breaststroke	200m
9	10 to 16&O	Girls I.M.	400m
10	9 to 16&O	Boys Freestyle	200m
11	9 to 16&O	Girls Breaststroke	200m
12	10 to 16&O	Boys I.M.	400m

**All events are H.D.W.**

.