



LONDON REGION WINTER CHAMPIONSHIPS 2009

Saturday and Sunday, the 7th and 8th of November 2009 saw several Edmonton Phoenix swimmers compete in the London Region Winter Championships at Barnet Copthall Pool

The standard was very high and there were some outstanding record breaking performances from two of the Edmonton Phoenix swimmers.

Charlotte Payne had two fantastic backstroke swims coming 6th in the open age group for the 200m with a time of 2:24.78; a new ladies open club record. She also posted a time of 1:07.50 for the 100m, again a new ladies open club record.

Charlotte Newman was equally impressive, her considerable talent in all four strokes now beginning to be put together in a race situation led to her setting a time of 2:33.57 in the 200m IM, a new ladies open club record, no mean feat for a twelve year old. She also swam a very fast 100m backstroke finishing in a time of 1:09.29 to set new age group club records for the twelve year age group through to include the record for the sixteen year age group. Charlotte's time of 1:02.84 in the 100m freestyle was a PB by over 2 seconds also setting new club age group records for the twelve year age group to the 14 year age group.

Sarah Browne, Ben Zuccolini, Nina McGarvey, Emma Tunstall, Louis Kirlew, Zach Kirlew and Hannah Thomas also competed and put in some very good swims.

Overall the meet was extremely successful and the hard work of Head Coach Barry Thomas and all the swimmers continues to drive the club forward to increasing success.

WELL DONE EDMONTON PHOENIX!