



# EDMONTON PHOENIX SWIMMING CLUB



## FIREBIRD – September 2009

### **COMMITTEE MEMBERS**

The following Committee members were appointed at the AGM in June.

Frank Browne – Chair	Jayne Fagg – Welfare Officer
Paul Stephenson – Vice-Chair	Jacqui Holder – Swim 21
Jackie Tunstall – Secretary	Linda Newman – Team Manager
Yaz Kirlew – Treasurer/Shop	Charlotte Payne – Workforce Officer
Marion Browne – Finance/Admin Manager	Sue Thomas-Co-ordinator/Disability
Sue Doe – Time Trial Officer	
Jane Disney – Registration Officer	

#### Co-opted Members

Colin Hawkes and Linda Andreou

All the above are contactable via the Edmonton Phoenix email address – [epsc@btinternet.com](mailto:epsc@btinternet.com)

### **YOUTH OPPORTUNITY FUND ENFIELD**

Sarah Browne and Emma Tunstall from the Senior Squad have applied for and successfully obtained some additional funding from the Youth Opportunity Fund Enfield to develop a land training session for the junior and senior squad swimmers. This will supplement the swimming training already available.

### **SWIMMING THE CHANNEL**

Congratulations to one of the Masters swimmers, Gary Fagg, for swimming the channel on the 16 July 09 in a time of 15 hours and 32 minutes.

### **LOST PROPERTY**

If you have left any property behind at any of the pools, contact Linda Newman or Karen Hawkes, Team Managers, as they have collected a large box of lost property. Any property uncollected by the end of October will have to be disposed of.

## **AQUAFORCE AWARD WINNERS**

Congratulations to **Paul Stephenson** who received a London Swimming Aquaforce Award for his outstanding contribution at county/regional level and to **Charlotte Payne** who received a London Swimming Aquaforce Award for her outstanding contribution by an 18-25 year old.

## **GALA NEWS – Full reports on website.**

### **ERIC EADY GALA – FIRST PLACE SUCCESS AT FIRST GALA OF THE SEASON – 12 SEPTEMBER 2009**

Edmonton Phoenix hosted this team gala which included the clubs of Hoddesdon, Anaconda, Cheshunt, Clissold, Ware and FastFins.

Hoddesdon were early leaders but with a string of first and second places the club managed to move into the lead halfway through and never looked back. First places were achieved by **Josh Kirlew, Amy Carson, Charlotte Newman, Sarah Browne, Ryan McCarthy and Zach Kirlew.**

## **JUNIOR SWIMMING LEAGUE - M11**

The third and final round of the M11 league was held on the 28 June. Edmonton Phoenix had already gained a first and third place finish in the previous two rounds and was in fifth position overall. Against some very strong teams including Camden Swiss Cottage, Chelmsford, Rochford, Greenwich Borough Mariners and Erith, the team finished consistently in the middle positions and there were some notable results – the relay team of Ben Howe, James Whiting, Josh Kirlew and Tom Newman finished second in the freestyle and medley relays, Tom Newman second in the breaststroke, Josh Kirlew first in the backstroke and butterfly, Thomas Disney second in the breaststroke, Mia Hawkes first in the backstroke and second in the freestyle and Charlotte Newman finishing second in the backstroke.

Well done to the team:- Charlotte Newman, Sydney Taylor, Parris Wilkinson, Bethan Holder, Michael Buckley, Thomas Disney, Joe Glazebrook, Sam Fagg, Amy Sullivan, Ellie Morgan, Andrew Camilo, Calum Middleton, Josh Kirlew, Sahil Shah, Emily Whale, Amy Halihan, Mia Hawkes, Savannah Wilkinson, James Whiting, Tom Newman, Ben Howe, Noah Duodoo, Michael Gargaro, Jade Mehmet Ali, Afton Doe and Amy Carson.

Hope you are all looking forward to the National Swimming League (including the older swimmers) which starts in October.

## **LBESA 50/100 GALA – 28/29 March 2009**

Edmonton Phoenix picked up the largest haul of gold medals at the LBESA Borough Championships.

68 golds – Edmonton Phoenix

39 golds – Griffins

22 golds – Enfield

5 golds – Broomfield Park

Here is the medal table. A clean sweep of golds for Sarah Browne, Zach Kirlew and Charlotte Newman.

	Gold	Silver	Bronze	4th	5th	6th
Sarah Browne	9					
Zach Kirlew	9					
Charlotte Newman	9					
Megan Holder	8	1				
Ben Zuccolini	7		2			
Tom Newman	5	1		2		
Josh Kirlew	4					
Alice Smyth	3	4	2			
Charlotte Payne	3					
Michael Tunstall	2	4		1		
Afton Doe	2	2	2		1	
Louis Kirlew	2	2	2			
Ben Howe	2		1	2	1	1
Emma Tunstall	2					
Nina McGarvey	1	7	1			
Hannah Thomas		5	2			
Rachel Harris		5				
Michael Gargaro		2	1	2	1	
Reece Ballett		2		4		
Thomas Disney		2				
Sydney Taylor		1	2	1	2	1
Leidy Camilo		1		1		
Narmeen Jhungeer		1		1		
Daniel Fellows		1				
Katy Medhurst		1				
Bethany Doe			4			
Joe Smith			2		2	
Rhiannon Ellis			2		1	
Rebecca Andreou			1	1		
Connie Hawkes			1	1		
Nishta Nemchard			1		1	
Matthew Morgan			1			
Holly Wheeler			1			
Callum McCabe				2		
Noah Duodoo				1	1	1
Jessie Taylor				1	1	1

Ruth Quipp				1	1	
Stephen Cowley				1		
Amy Halihan				1		
Ellen Wheeler				1		
Brodie Miller					2	
Danielle McLennaghan					1	2
Noel Angland					1	1
Emily Whale					1	1
Andrew Camilo					1	
Taria Carson					1	
Sam Fagg					1	
Terrell Haughton-Locker					1	
Callum Middleton					1	
Maria Morgan					1	
Matthew Morgan					1	
Yasemin Erensoy						2
Bethan Holder						2
Engin Eren						1
Arran Kay						1
Jade Mehmet-Ali						1

### **LBESA Open – 16/17 May**

A number of very strong clubs outside Enfield competed in this Open meet so competition was fierce. There were some great performances from Edmonton Phoenix with many swimmers competing with swimmers a year older and still doing well. Four of our swimmers made the skins finals Sarah Browne, Megan Holder, Zach Kirlaw and Michael Tunstall. Megan won the 14 and over skins event with Sarah finishing second – both picked up a fair bit of money for that result. Michael finished third and Zach finished second in their skins finals.

The medal table is as follows:-

	Gold	Silver	Bronze	4	5	6
Sarah Browne	7	2		1		
Zach Kirlaw	5	1				
Megan Holder	4	2	1			
Alice Smyth	3	1				
Louis Kirlaw	3					
Michael Tunstall	2	5				
Nina McGarvey	2					
Joe Smith	1		1			
Zach Neshat	1					2
Josh Kirlaw	1			1		
Hannah Thomas		1		1		
Rachel Harris		1	1	2	1	
Reece Ballett			2	2		1
Connie Hawkes			1			3
Stephen Cowley			1	1		
Thomas Disney			1			

Jesse Taylor				2	2	2
Afton Doe				1		
Ben Howe				1		
Mia Hawkes					2	
Noel Angland					1	1
Amy Carson					1	
Taria Carson						1
Tom Newman						1

## **CLUB CHAMPIONSHIP - June 2009**

Hope everyone had a great time. Photos and full results are on the website. A gala was also held for the improving swimmers not yet in the squads and those results are available on the website.

	Gold	Silver	Bronze	4	5	6
<u>9 and Under</u>						
Rebecca Andreou	5					
Ellie Morgan		1	3	1		
Caitlin McCabe		3				1
Narmeen Jhungeer		1		2	1	
Amy Sullivan			1	2		
Julieann Chantre		1				2
Chloe Howe					2	1
Maya Kirlew					2	1
Josh Kirlew	5					
Andrew Camilo		2	1	2		
James Whiting		3	1			
Lewis Hitchings			1	2		1
Callum Dodds				1	2	
Sahil Shah			1			2
Jack Eatonton			1			
Calum Middleton					2	
Tarik Gaga						1
<u>10/11 Years</u>						
Mia Hawkes	5					
Bethan Holder		3	1	1		
Amy Carson		1	3			
Afton Doe			1	3	1	
Jade Mehmet-Ali		1			2	
Amy Halian				1	1	2
Emily Whale					1	1
Yasemin Erensoy						1
Theodora Spyrou						1
Tom Newman	4	1				
Ben Howe	1	3	1			

Matthew Morgan		1	3	1		
Noah Duodoo			1	1	2	1
Joshua Branch				1	2	
Matthew Jenner				1	1	1
Terrell Haughton-Locker				1		1
Josh Fussell						1
Temitayo Adedeji						1
<u>12/13 Years</u>						
Charlotte Newman	5					
Hannah Thomas		5				
Taria Carson			2	1	1	
Melissa Diaz			1	1	2	
Maria Morgan				2		3
Brodie Miller			1	1	1	
Tia Haughton-Locker						1
Niamh Angland			1			
Michael Tunstall	5					
Jessie Taylor		5				
Mark Morgan			4	1		
Joe Glazebrook				2	2	
Christos Ellinas			1		1	1
Sam Fagg				1	1	1
Kareem Hassanain						3
Jishnu Datta				1		
Michael Alisoy					1	
<u>14/15 Years</u>						
Sarah Browne	4	1				
Megan Holder	1	4				
Rachel Harris			5			
Connie Hawkes				5		
Zach Kirlew	5					
Noel Angland		3				
Kemal Kole			3			
Jai Ramotar				3		
<u>16-24 Years</u>						
Charlotte Payne	4	1				
Emma Tunstall	1	3	1			
Alice Smyth		1	4			
Ben Zuccolini	4	1				
Louis Kirlew	1	4				
Luke Morgan			1			