

LONDON BOROUGH OF ENFIELD SWIMMING ASSOCIATION

50/100 BOROUGH CHAMPIONSHIPS 2010

(LICENCE NUMBER 4LR0323)

Under ASA laws and technical rules of swimming

SOUTHBURY RD LEISURE CENTRE

PROGRAMME OF EVENTS

All Events HDW

| GALA 1 | EVENT NO. | EVENTS | EVENT NO. | GALA 2 |
|--------|-----------|-------------------|-----------|--------|
| G | 1 | 100M BACKSTROKE | 10 | B |
| B | 2 | 50M BREASTSTROKE | 11 | G |
| G | 3 | 100M BUTTERFLY | 12 | B |
| B | 4 | 50M FREE | 13 | G |
| G | 5 | 100M IM | 14 | B |
| B | 6 | 100M BREASTSTROKE | 15 | G |
| G | 7 | 50M BACKSTROKE | 16 | B |
| B | 8 | 100M FREE | 17 | G |
| G | 9 | 50M BUTTERFLY | 18 | B |

Gala 1 – Saturday 27th March 2010 – W/U 5.15 p.m., Start 6.00 p.m.

Gala 2 – Sunday 28th March 2010 – W/U 5.15 p.m., Start 6.00 p.m.

Ages – 10, 11, 12, 13, 14, 15 and 16&O

Age 9 – May enter events 2, 4, 5, 7, 9, 11, 13, 14, 16 &18 ONLY



.....

| EVENT | ENTRYTIME |
|-------------------|-----------|
| 100M BUTTERFLY | |
| 100M BREASTSTROKE | |
| 100M I. M. | |
| 100M BACKSTROKE | |
| 100M FREESTYLE | |
| 50M FREESTYLE | |
| 50M BUTTERFLY | |
| 50M BREASTSTROKE | |
| 50M BACKSTROKE | |

Age 9 – May enter events 2, 4, 5, 7, 9, 11, 13, 14, 16 &18 ONLY

ENTRY FEE £1 per race

NAME.....D.O.B.

PLEASE RETURN TOPaul/Marion or your coach by 1/3/2010

